

3/22/17

Dear Principal Pollard:

As a CPS Principal, you work hard every day to provide your students with every opportunity to perform at their best and to get the most benefit from their educational experience. As you know, a well-balanced meal program that includes fruits *and* vegetables is a very important part of the quality learning environment your students need.

Beginning now, CPS Nutrition Support Services is excited to announce that it will begin operating an expanded *Fruit & Vegetable Station* at your school. The Fruit & Vegetable station will offer your students up to seven fresh fruit and vegetable options to choose from every day! The expanded *Fruit & Vegetable Station* will be available to your students in two ways:

1. Students who currently participate in the dining program can **increase their number of vegetable selections up to four portions at lunchtime**, if they choose. They will also be able to select **one of two fruit options**.
2. For students who choose to bring their lunch from home, our ***Let Us Fill Your Lunchbox*** program allows them to **supplement their “cold lunch” with fresh, healthy side items from school (such as fruit, vegetables, and milk) at absolutely no charge** – as long as the student has at least three items on their plate and one of those items is either a fruit or vegetable. This is a great option for students who currently purchase milk daily at 45 cents per day.



This program is a prime opportunity for all students to fuel their bodies and minds for learning! We look forward to partnering with you to increase the variety of fresh fruits and vegetables options for your students and to improve the overall quality of their school dining experience.

If you have any questions, please don't hesitate to contact me.

Sincerely,

Jasan Kraus, *Food Service Director*

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